



Psychotherapy Disclosure Statement*

Except in Emergency situations or when psychotherapy is being administered pursuant to a court order, every unlicensed psychotherapist or licensee shall provide the following information in writing to each client during the initial client contact:

About Your Psychotherapist:

1. River View Counseling, pllc
Mary L. Entrican, MS, LMFT
P.O. Box 678, Kremmling, CO 80459
970-531-1996
2. **Education:** My highest degree is a Master of Science in Clinical Psychology from San Jose State University (1993). The program I studied had an emphasis on Marriage and Family Therapy. I also earned my Bachelor of Arts degree in Psychology/Developmental-Personality-Social, with a minor in sociology from San Jose State University (1991).
3. **Credentials:** I am a Licensed Marriage and Family Therapist in Colorado, LMFT #383, since 1996. I am a Licensed Marriage and Family Therapist in California, MFC 40286, since 2003. I am a Clinical Member of the American Association for Marriage and Family Therapy. I am a Level II EMDR Clinical Practitioner. In 1996, I completed the Home Builder's Model of training required for a Family Preservation Specialist.

I was previously licensed in Arizona and Alaska as a Marriage and Family Therapist. I was previously licensed in Alaska as a Substance Abuse Counselor I. I chose not to renew these latter licenses once I left the respective states.

4. Philosophy and Approach:

I believe people are capable of making changes in their lives, regardless of their age or history. I also believe that people present for therapy in different levels of readiness for change. I work within the client's level of readiness to assist them in using their inner strengths and newly acquired skills to make the changes they want in their lives.

I use a therapeutic approach with a strong foundation in cognitive-behavioral theory. I assist my clients in looking at the ways in which their thoughts, feelings, and actions are related, and ways they can intervene and change their experience. I utilize a solution-focused, strengths based, and a multi-systemic approach to working with clients. I believe that a more comprehensive approach to treatment will result in longer lasting benefits. I work closely with physicians, psychiatrists, school, and other agencies as needed to provide the best possible care. Additionally, I bring an experiential approach to my work, both with the adults and the children.

About Your Client Rights:

5. The Colorado Department of Regulatory Agencies (DORA) has the general responsibility of regulating the practice of licensed marriage and family therapists, licensed psychologists, licensed clinical social workers, licensed professional counselors, certified school psychologists, and unlicensed individuals who practice psychotherapy.
The agency within DORA that has responsibility specifically is the Mental Health Section, 1560 Broadway, Suite 1370, Denver, CO, 80202, (303) 894-7766.
6. Client Rights and important information
 - A. You are entitled to receive information from me about my methods of therapy, the techniques I use, the duration of your therapy (if I can determine it), and my fee structure. Please ask if you would like to receive this information.
 - B. You can seek a second opinion from another therapist or terminate therapy at any time. Be aware there are no guaranteed results in the practice of psychotherapy.
 - C. In a professional relationship (such as ours), sexual intimacy between a therapist and a client is never appropriate. If sexual intimacy occurs it should be reported to DORA at (303) 894-7766.
 - D. Generally speaking, the information provided by and to a client during therapy sessions is legally confidential if the therapist is a certified school psychologist, a licensed clinical social worker, licensed professional counselor, licensed psychologist, licensed marriage and family therapist, or an unlicensed psychotherapist.

Information disclosed to a certified school psychologist, a licensed clinical social worker, licensed professional counselor, licensed psychologist, licensed marriage and family therapist, or an unlicensed psychotherapist is privileged communication and cannot be disclosed in any court of competent jurisdiction in the State of Colorado without the consent of the person to whom the testimony sought relates.

There are **legal exceptions** to the general rule of legal confidentiality. The exceptions include:

- a. In the event of imminent danger to yourself or another person, I am required by law, to protect you,- possibly by hospitalizing you, and I have a duty to warn anyone who may be in imminent danger as a result of your threats, and I must notify law enforcement;
- b. Abuse or suspected abuse (physical and/or sexual) of children, including any past or present sexual contact with a minor. All therapists are required by law to report such instances to the Department of Social Services;
- c. National security concerns under provisions of the Patriot Act;
- d. Federal Court Orders;
- e. Possibly the abuse of the elderly or others unable to care for themselves;
- f. Neglect or suspected neglect of children;
- g. Subpoenaed testimony in criminal court cases and orders to violate privilege by judges in child-custody, divorce and other court cases;
- h. Also, be aware that, except in the case of information given to a licensed psychologist, legal confidentiality does not apply in a criminal or delinquency proceeding. There are other exceptions that I will identify to you as the situations arise during therapy.

As a Psychotherapy Client I Understand That:

7. The ***POLICIES AND FEES*** are as follows:

Fees:**

Diagnostic Interview/Intake Assessment: \$100

Substance Abuse Assessment: \$175

Individual Therapy: \$85 per 50-minute clinical hour

Couples or Family Therapy: \$95 per 50-minute clinical hour

Crisis Evaluation – face to face: \$100 per 50-minute clinical hour

Adoption/Foster Home Studies and Post-Placement Visits: Fees contracted through Child Placement Agencies

Therapeutic Organizational Intervention: \$100 per hour

Psycho-educational presentations: \$95 per hour

Court Testimony and Testimony Related Matters: \$120 per hour

Group Therapy: \$40 per 50-minute clinical hour

Care Coordination: \$35 per hour (\$8.75/15 minutes)

All of my professional time used for report preparation or letters on your behalf for insurance companies or legal matters will be billed at \$85 per hour (prorated at \$1.42 per minute).

For school and home visits, travel time is charged at a rate of \$40 per hour (pro-rated to .67/minute, if less than one hour), plus the applicable session rate listed above.

**** Services are available on a sliding fee scale to ensure service availability to all persons, regardless of ability to pay. RVC does not discriminate in providing services based on gender, race, ethnicity, age, or other such factors, in accordance with federal law.** A reduced fee is determined by your unique situation. The reduced fee may be established during the first appointment (intake assessment) or it may be arranged prior to the first visit.

Payment:

Full payment is due at the beginning of each session. Cash and checks are accepted. My practice is committed to providing the best treatment possible at a reasonable rate. To make full payments affordable, my fees are 15-20% lower than most of my competitors. You, the client, are solely and legally responsible for payment of services rendered.

Outstanding balances:

It is expected that outstanding balances, i.e. “I forgot my checkbook” or “I forgot we had an appointment,” will be made up at the following session. In such instances in which outstanding balances are more than 90 days overdue, and no effort has been made to arrange payment, accounts may be turned over to a collection agency, which is likely to negatively affect your credit rating. There is a \$20 fee for all checks returned for insufficient funds.

If you are seen with a partner for couples or family counseling, your financial liability extends to your partner’s sessions, even if you were not present, or in the event of a “no show.”

Insurance:

RVC is an approved treatment provider for a number of insurance companies. If for any reason, the insurance company, HMO, third-party payor, etc., does not compensate RVC for the services provided, you are legally responsible for payment of the psychotherapy services provided. Signing this document attests to the fact that you will pay for any psychotherapy services not compensated for by your insurance

company. If RVC is an approved treatment provider for your insurance company, claims will be submitted on your behalf for psychotherapy services you receive from RVC. RVC may submit health insurance claims electronically. You may also submit your receipt for psychotherapy services to your insurance company for reimbursement. If I am not an approved treatment provider for your insurance company, I would be considered an **Out-Of-Network provider**. You may elect not to use your insurance to protect your confidentiality or to avoid the label that may accompany a mental health diagnosis.

Cash Discount:

A cash discount is offered to the client when paying with cash or check for the session's full fee. The cash discount applies when a client does not have any insurance coverage, or chooses not to use their insurance, and pays the full amount at the time of the service. The cash discount will be in the amount of \$10.00.

Records

Records include identifying information, dates and types of sessions, an assessment and diagnosis, a treatment plan, progress notes, and any consultations or collateral contacts made. Psychotherapy notes are kept separate, within the medical record, and are further protected from unauthorized access. Your records will be stored safely with attention to your privacy for at least 7 years as required by Colorado Statute. They will only be released with your written permission and direction, with the exceptions noted earlier in this document. If you were seen in couple or family sessions, all adults present would have to sign the release. RVC may also choose to submit a content summary related to the request, rather than releasing the entire record. You will be granted reasonable access to your record, but not to the psychotherapy notes. You may request, in writing, an amendment to your record. If you choose to read your record, it is RVC's policy to be present in order to respond to any questions or confusion you may have about the recordings.

Appointments

Counseling sessions are made by scheduled appointment. Every effort will be made to provide you with the same day and time of the week, if desired. However, this is not always possible. Clients are seen two to three days per week. Evening appointments are rarely scheduled past 5:00pm.

If you cannot keep an appointment, please provide 24 hours notice so the time can be made available for others who would like an appointment. If you miss an appointment without prior notification or cancel with less than 24 hours notice, you will be charged the full fee for the missed session. Please note: Insurance companies do not reimburse for missed appointments.

Phone calls and messages

Every effort is made to return calls promptly, but there can be unavoidable delays. Client emails are generally read and responded to on a daily basis, with the exception of weekends. If the RVC therapist is unavailable for a period of several days (such as a vacation, etc.), instructions will be left on the voice mail regarding the RVC's therapist availability or the means of contacting another licensed therapist, if one is used in my absence. If it is anticipated that you may be at risk in some way while I am away, and a back-up professional is used in my absence, I will leave information for this back-up professional, but only enough for that individual to handle an emergency.

You may call my phone (970)-531-1996 in the event of an emergency, and I will return your call as soon as possible. Please note, I do not answer my phone if I am in a session with another client. If, for any reason, you cannot contact me soon enough, please contact the nearest hospital emergency room. For psychiatric admissions and evaluations I recommend West Pines Psychiatric Hospital, 3400 Lutheran Parkway, Wheat Ridge, CO 80033 (303) 467-4000. For addiction recovery issues I suggest you contact CeDAR, which is affiliated with the University Hospital. Their admissions phone number is 720-848-3000 or Parker Valley Hope at 303-841-7857.

Notice of Termination:

Most people who engage in therapy can expect the duration to be from three months to a year, either on a weekly or bimonthly basis. Termination will usually be mutually agreed upon, but you are free to terminate at any time. However, in a few special instances RVC may decide to stop working with you even though you may wish to continue. These include a failure to meet the terms of our fee agreement, a need for special services outside of the area of RVC's competency, and prolonged failure to make progress in our work together. Should this occur, the reason for termination will be discussed with you, and you will be helped to make different plans for yourself, including a referral to a more appropriate resource.

You are not obligated to see me for any specified number of sessions. It is important, however, to give me one session's notice. What I want to avoid is a situation where you cancel and then don't reschedule without explanation. A clean ending will be important to both of us.

I have read, understand, and agree to the policies and fees outlined above.

_____ client initials

8. I understand that court testimony on your behalf is charged at a higher rate of \$120.00 per hour including testimony related matters like case research, report writing, travel, depositions, actual testimony and cross examination time, and courtroom waiting time. Initialing below gives your permission for the release of confidential information in courtroom testimony and for written reports provided to the Court.

_____ client initials

