

Client Name: \_\_\_\_\_

Date: \_\_\_\_\_

### MAST

	YES	NO	Score:
1. Do you feel you are a normal drinker? (by normal, we mean that you drink less than or as much as most other people)	YES	NO	2*
2. Have you ever awakened the morning after some drinking the night before and found that you could not remember a part of the evening before?	Yes	No	2
3. Does your wife, husband, parent, or other near relatives ever worry or complain about your drinking?	Yes	No	1
4. Can you stop drinking without a struggle after one or two drinks?	Yes	No	2*
5. Do you ever feel guilty about your drinking?	Yes	No	1
6. Do your friends or relatives think you are a normal drinker?	Yes	No	2*
7. Are you always able to stop drinking when you want to?	Yes	No	2*
8. Have you ever attended a meeting of Alcoholics Anonymous (AA) for yourself?	Yes	No	5
9. Have you gotten into fights when drinking?	Yes	No	1
10. Has your drinking ever created problems between you and your wife, husband, a parent, or other near relative?	Yes	No	2
11. Has your wife, husband, a parent or other near relatives ever gone to anyone for help about your drinking?	Yes	No	2
12. Have you ever lost friends or girlfriends/boyfriends because of drinking?	Yes	No	2
13. Have you ever gotten into trouble at work or school because of drinking?	Yes	No	2
14. Have you ever lost a job because of your drinking? Or been suspended/expelled from school because of your drinking?	Yes	No	2
15. Have you ever neglected your obligations, your family or your work for two or more days in a row because you were drinking?	Yes	No	2
16. Do you drink before noon fairly often?	Yes	No	1
17. Have you ever been told that you have liver trouble? Cirrhosis?	Yes	No	2
18. Have you ever had delirium (DTs), severe shaking, heard voices, or seen things that weren't there after heavy drinking?	Yes	No	2**
19. Have you ever gone to anyone for help about your drinking?	Yes	No	5
20. Have you ever been in a hospital because of drinking?	Yes	No	5
21. Have you ever been a patient in a psychiatric hospital or on a psychiatric ward of a general hospital where drinking was part of the problem?	Yes	No	2
22. Have you ever been seen at a psychiatric or mental health clinic, or gone to a doctor, social worker, or clergyman for help with an emotional problem in which drinking has played a part?	Yes	No	2
23. Have you ever been arrested, even for a few hours, because of drinking behavior?	Yes	No	2
24. Have you ever been arrested for drunken driving, driving while intoxicated, or driving under the influence of alcoholic beverages?	Yes	No	2***

24 a) If yes, number of times? \_\_\_\_\_

Total score: \_\_\_\_\_